

Spinomed®



Fitting and documentation worksheet (RETAIN IN PATIENT RECORD)

This worksheet is for documenting the fitting process for Spinomed® only. It is not a substitute for following the manufacturer's instructions for use

Doctor: _____

Patient Name: _____

Record Number: _____

Age: _____ Height: _____ Weight: _____

Fitter: _____ Date: _____

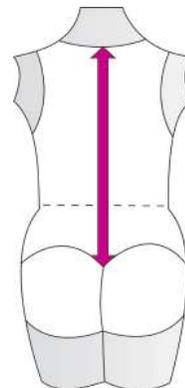
This worksheet is only for use when fitting Spinomed® and Spinomed® A/P. This device is intended to be fit by a qualified health care practitioner as directed by a doctor or other medical authority. Spinomed® and Spinomed® A/P are prefabricated orthoses. They are intended to be customized to fit an individual patient. **Tools required: scissors, soft tape measure**

Step 1: Review and measure for Spinomed®

Time spent: _____

- Review with the patient the need for Spinomed® and its track record of improving lives
- Confirm the patient's measurement from S1 to C7
- Patient measurement:** _____
- Measure angle of kyphosis from vertical
- Patient measurement:** _____

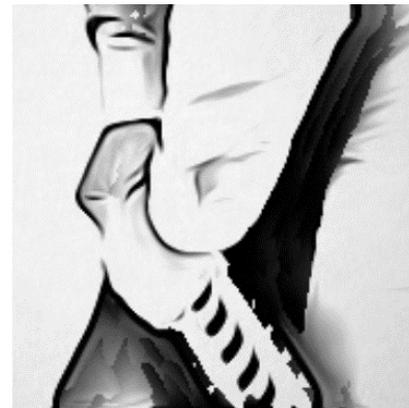
Notes: _____



Step 2: Customize the aluminum stay

Time spent: _____

- Customize the aluminum stay to match the kyphosis and lordosis of the patient's back while they stand in their most upright position. Note the needed alterations to the aluminum stay: _____



TIP: Removing the posterior stay from the device and bending it over a soft surface like the thigh makes shaping easier

Notes: _____

Step 3: Fit the pelvic straps

Time spent: _____

- Have the patient put on the shoulder straps like a backpack. Once the anterior panel is in place, Adjust and trim the pelvic straps if needed.
- Yes, trimmed _____ inches
- No, not trimmed

Notes: _____



Fitting and documentation worksheet (cont.)

Step 4: Adjust the shoulder straps

- Left strap adjusted and trimmed
- Right strap adjusted and trimmed

Is the under-arm turnbuckle in the correct position below the scapula?

- Yes
- No, describe the needed change in position

Shoulder pad location:

- Moved the pads for the shoulder straps to ensure under arm comfort
- Shoulder padding location is fine

Time spent: _____

Notes: _____



Step 5: Educate the patient

Items to review with the patient:

- Have the patient stand in front of a mirror to help visually see how to fit the brace accurately
- Does the patient understand and demonstrate the correct motion for fastening the anterior panel
 - Right hand fingers in the thumb loop
 - Left hand thumb/finger notch between the pelvic strap and the shoulder strap
 - Stand in their most upright position
 - Push down and away on anterior panels to tension the straps
 - Close squarely just about the pelvic bone
- Have the patient repeat the process 3-4 times to confirm understanding
- Instruct the patient on the guidelines of wearing time

Time spent: _____

Notes: _____



Clinical justification for this device:

Coding: L0456, TLSO

Total time spent on customization: _____

Spinomed® is PDAC verified as a TLSO L0456/L0457. It is the responsibility of the patient care facility to code and bill for the service accurately.